

MAY 2022

# Family Newsletter

## May Book List

**How Rocket Learned to Read**

*by Tad Hills*

**Here Comes Teacher Cat**

*by Deborah Underwood*

**The Art of Miss Chew**

*by Patricia Polacco*

**Thank You, Teacher from The Very**

**Hungry Caterpillar**

*by Eric Carle*

**Toad on the Road: Mama and Me**

*by Stephen Shaskan*

**I've Loved You Since Forever**

*by Hoda Kotb*

**In All the Things I Love About You**

*by LeUyen Pham*

**My Mommy Hung the Moon**

*by Jamie Lee Curtis & Laura Connell*

**The Berenstain Bears:**

**We Love Our Mom!**

*by Jan & Mark Berenstain*

## SO MUCH TO CELEBRATE!

**AS WE MOVE INTO MAY**, we'd like to briefly reflect on our amazing April! In the center we celebrated WEEK OF THE YOUNG CHILD. Whether it was Music Monday, Tasty Tuesday or Family Friday, we hope your child enjoyed the daily activities!

Last week we also celebrated Earth Day, but in the center we believe that EVERY DAY IS EARTH DAY. If you're looking for at-home activities to teach your child about sustainability, be sure to visit our Facebook page!

**TEACHER APPRECIATION WEEK IS May 2-6** and we think our teachers are "OUT OF THIS WORLD". We hope you join us in celebrating our passionate and hard working early childhood educators. In the center, the kids will "visit" mission control and engage in some of the fun activities honoring our teachers.



Last, but certainly not least, a warm and heartfelt **HAPPY MOTHERS DAY** to all our moms, grandmothers, aunts, and caregivers!

## Fun days to celebrate in May

May

- 3 Teacher Appreciation Day (full week celebration!)
- 8 Mother's Day
- 15 National Chocolate Chip Day
- 20 Bike to School Day
- 20 National Pizza Party Day
- 30 Memorial Day

# For Grins



**What type of bow can't be tied?** (Answer on page 2)



# BRINGING IT HOME



RESOURCES AND ACTIVITIES FOR ALL AGES

## INFANTS DEVELOPMENTAL MILESTONES

### Smiles

From birth, you may notice your baby's sweet smiles. While it's so fun to see, these smiles are short and spontaneous and are known as "reflexive" smiles. Somewhere around 2 months and 3 months your child will begin to smile socially. You will be able to tell it is a social smile because it is in reaction to their surroundings. You can encourage your child to smile by smiling at them, giving them affection and love, and showing them you are happy. Playing simple games like peek-a-boo is another great way to encourage those beautiful grins!



## FUNDAMENTALS

### Learning to Dress Yourself

Life skills go hand-in-hand with development and is essential to building a solid social and emotional foundation. One life skill that all children will naturally learn is how to dress themselves.

To encourage this skill and build their confidence, let your child practice dressing a doll or stuffed animal. It may be trial-and-error at first but practicing with buttons, zippers and snaps will not only teach them how to dress themselves it also helps with their gross and fine motor skills.



## FUNDAMENTALS

### Role Playing & Making Friends

Developing friendship is a complex skill and involves listening, sharing and talking or conversation. One good way to practice this at home is by modeling and role play.

Set up an activity and ask your child to join you. While the two of you are playing together, start a conversation and see if your child can go back and forth with asking questions. Then ask your child to set up an activity and ask you to join in play with them. If they struggle, remind them of how you asked them questions and suggest they can repeat or copy what you did.



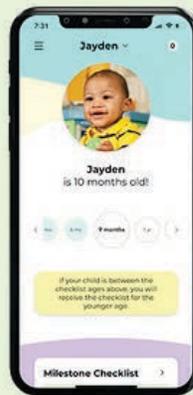
## PARENT RESOURCES

### Milestone Tracker

Interested in tracking your child's developmental milestones? The CDC has created a free app that summarizes key developmental milestones for children from birth to 5 years old.

Available on the App Store and Google Play, the app includes:

- Tips and Activities to support development
- Milestone Tracker checklist
- Milestone summary to share with school or your doctor.
- And more!



It's important to note that all children develop at their own pace and these milestones are only a measure of what most kids can do by each age. Any concerns should be discussed with your physician.